DEVELOPMENTAL ASPECTS OF PSYCHOLOGY AND ADDICTION
Community Health Sciences X 470.3
1.8 units
Reg# 259142

Instructor: Alina Bond, LCSW

Day of the Week: Tuesdays, Sep 29-Oct 27, 5 mtgs

Time: 6:30-9:30pm

Location: Extension Lindbrook Center, Room 204ABC

Office Hours: By arrangement

Course Description: This course will provide students with a basic level of understanding of the etiology of addiction and clinical implications derived from the application of psychology to chemically dependent behavior. To understand its complicated nature as a disease, the course will focus on current genetic and environmental research in the development of substance use disorders. Specific topics to be covered include: the biological, developmental, psychological, environmental and social factors that lead to vulnerability to addictions; symptoms of addictive disorders; and prevalence across the life span among target populations, including adolescents, seniors, families, and those with trauma-exposure. We will also examine various treatment approaches from a developmental perspective, including translational approaches to treatment that bridge biology and behavior.

Specific Learning Objectives: Upon completion of this course, students will be able to:
- Understand the major theories of human development
- Define the stages of development from prenatal through adulthood and identify the risk factors that lead to SUD vulnerability at each stage.
- Describe the prevalence and patterns of use across the life span and among target populations, including adolescents, seniors, families, and those with trauma-exposure.
- Identify and examine research-based treatment interventions appropriate for various developmental life stages, including those that target adolescents, adults, and older adults.

The California Foundation for the Advancement Of Addiction Professionals (CFAAP) Education Requirements: This course covers the following CFAAP Academic Content Area:
1. Physiology and Pharmacology of Alcohol and Other Drugs:
   - Examination of the effects of alcohol and similar legal psychoactive drugs to the body and behavior; damage to the body and behaviors; damage to the brain, liver and other organs.

explore. experience. expand.*
Required Texts
Psychology and Addiction Fall 2015 Course Reader

UCLA Extension Administrative Contact for this Course: Kathy Quispe, kquispe@uclaextension.edu or 310-825-7093

Academic Honesty Policy: Academic dishonesty covers behavior in cheating, plagiarism, and fabrication of information. These behaviors are not tolerated. Students are encouraged to familiarize themselves with the UCLA Extension Student Conduct Code and the official statements regarding cheating and plagiarism at:

https://www.uclaextension.edu/Pages/str/StudentConduct.aspx

Services for Students with Disabilities
In accordance with Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990, UCLA Extension provides appropriate accommodations and support services to qualified applicants and students with disabilities. These include, but are not limited to, auxiliary aids/services, such as note takers, audiotaping of courses, sign language interpreters, and assistive-listening devices for hearing-impaired individuals, extended time for and proctoring of exams, and registration assistance. Accommodations and types of support services vary and are specifically designed to meet the disability-related needs of each student based on current, verifiable medical documentation.

Arrangements for auxiliary aids/services are available only through UCLA Extension Disabled Student Services at (310) 825-4581 (voice/TTY) or by email at access@uclaextension.edu. Please request such arrangements with at least five working days’ advance notice. All assistance is handled in confidence. Accommodations must be pre-approved. Requests for retroactive accommodation will not be accepted.

Student Records
Students can access and update student records online by visiting: www.uclaextension.edu and clicking on My.Extension on the left navigation bar, selecting Student’s Course Essentials, and following the directions to log in. Student’s Course Essentials lets you view your grades, request an official transcript, change credit status on a current course, obtain enrollment verification, update your personal information, and much more.

Campus Escort Service:
The UCLA Police Department provides a free walking escort service every day of the year from dusk until 1 a.m. They are available to walk students, faculty, staff members and visitors to and from anywhere on campus, in Westwood Village and in the village apartments. CSO Safety Escorts are uniformed students who have received special training and are employed by the UCLA Police Department. To obtain an escort, please call (310) 794-9255. Please allow 15 to 20 minutes for your escort to arrive.
Grading Scheme
Course grades will be based on the following:

- **Attendance**: In addition to the readings, attendance and class discussions are a critical component to your learning. Attending lectures is your opportunity to ask questions, elaborate on readings, and express your understanding of materials and assignments. A sign-in sheet will be at the front of every class; it is your responsibility to sign-in when you are in attendance.

- **Exams**: There will be two Exams. The first will cover material from Sessions 1, 2, and 3. The second exam will cover material from Sessions 4 and 5.

- **Homework**: There will be 4 assignments. They will be short answer questions that will cover the required reading for that week.

Grading Breakdown:

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<thead>
<tr>
<th>Grade Percentage</th>
<th>Letter Grade</th>
<th># Points</th>
<th>Pass/Fail</th>
</tr>
</thead>
<tbody>
<tr>
<td>90-100%</td>
<td>A</td>
<td>90-100 points</td>
<td>Pass</td>
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<tr>
<td>80-89%</td>
<td>B</td>
<td>80-89 points</td>
<td>Pass</td>
</tr>
<tr>
<td>70-79%</td>
<td>C</td>
<td>70-79 points</td>
<td>Pass</td>
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<tr>
<td>60-69%</td>
<td>D</td>
<td>60-69 points</td>
<td>Fail</td>
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<tr>
<td>&lt;59%</td>
<td>F</td>
<td>&lt; 59 points</td>
<td>Fail</td>
</tr>
</tbody>
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All grades are final when filed by the instructor on the Final Grade Report.
<table>
<thead>
<tr>
<th>Date</th>
<th>Lecture Topic</th>
<th>Readings</th>
<th>Exams and Session Outline</th>
</tr>
</thead>
</table>
| Session 1  
9/29 | Theories of Human Development Across the Life Span                           | Online (See Canvas)                                                      | Attendance Taken          |
|       |                                                                                |                                                                          | Session 1: Human Development and Behavior |
| Session 4 | 10/20 | *Older Adults- The effects of drugs and alcohol on the body. Treatment considerations  
* Trauma and the effect on the development process. Co-Occurring Disorders-Trauma, Mental Illness and Addiction |
|---------|-------|---------------------------------------------------------------|
|         |       | Homework #3 Due  
Attendance Taken  
Session 4: Older Adults: Special Issues  
Begin Trauma and Co-Occurring Disorders (Session 5) |
| Session 5 | 10/27 | * Complete topic of Trauma  
*Discuss Options for Treatment  
|         |       | Homework #4 Due  
Attendance Taken  
Session 5: Trauma and Co-Occurring Disorders  
Treatment Options  
Exam #2 |

Course Syllabus Subject to Update by the Instructor
Reading List for Course Reader: Developmental Aspects of Psychology and Addiction


SAMHSA Older Americans Behavioral Health Issue Brief 3: Screening and Preventive Brief Interventions for Alcohol and Psychoactive Medication Misuse/Abuse


Bailey, K.M., Stewart, S.H., (2014) Relations Among Trauma, PTSD, And Substance Misuse; The Scope of the Problem. Trauma and Substance Abuse: Causes, Consequences and Treatment of Comorbid Disorders, Second Edition P. Quimette and J.P. Read (Editors), Chp 1 pg 11-34
