Legal and Ethical Challenges Using the DSM-5: Best Practices

Course Number/Discipline: 888.01 Psychology
Reg#: CE credit for Psychologists - 250726
Reg#: MFT/LCSW Credit - 250735
Reg #: Not for credit - 250726

CE Credit: 6 contact Hours

Workshop Syllabus

Instructor: Pamela Harmell, Ph.D., Senior Lecturer, Pepperdine University Graduate School of Education and Psychology; Co-Chair, Los Angeles County Psychological Association Ethics Committee; past chair, California Psychological Association Ethics Committee; past president, California Board of Psychology; psychologist in private practice

Date: Saturday, October 4, 2014

Time: 9:00-4:30 pm

Location: UCLA Extension Lindbrook Center – 204 ABC

Course Description: Psychotherapists struggle with the role of the DSM-5 system and ethical diagnosing of clients. This workshop examines the major changes to the DSM-5 including: the non-axial system, ICD-9 and ICD-10 requirements, substitutions for Axis I through V, and the primary “lifespan” chapter arrangement. Ethical Principles will be cited to provide a framework for addressing informed consent, proper billing, multi-cultural challenges, and work with dangerous patients. Discussion will also cover self-care and how to identify therapists in distress and at risk for suicide. Potential harm inherent in using diagnostic inflation for reimbursement, assigning parity diagnoses, fraudulent insurance practices, and documented ethical controversies related to development of the DSM-5 will be addressed.

Specific Learning Objectives:
Upon completion of this workshop, participants will be able to:

1) Name and explain the three major sections of the DSM-5.
2) Describe three examples of how to diagnose what was formally in the “childhood” disorders section.
3) Describe three examples of insurance fraud with regard to DSM-5 diagnosing.
4) Name two primary updates in the substance disorders chapter.
5) Apply a “cultural lens” with regard to proper diagnosis.
Peer Reviewed Research Citations:

  (Downloaded 6/7/13 www.aaup.org/article/diagnosing-c)
- Criticism of DSM-5 Anti-Psychiatry? (June, 2013) Huffington Post, Downloaded June 7, 2013
  www.Huffingtonpost.com/allenfrancis
Statements About Information Presented in the Program:

LIMITATIONS OF CONTENT AND ACCURACY OF INFORMATION PRESENTED: Program content is the most current and up to date information that is available at the time the presentation is prepared. It is possible, but not probable, that potential changes to California law or ethics codes could take place between the preparation time and the presentation of this workshop.

RISKS ASSOCIATED WITH INFORMATION PROVIDED: It is possible that participants may misunderstand and misuse any part of the information presented.

RELEVANCE OF PROGRAM TO CONTINUING EDUCATION Program content pertains directly to the ethical, professional, or regulatory developments relevant to the discipline of psychology: Legal and ethical risk management associated with working with individuals in a clinical setting.

Assessment of Participant Learning and Program Evaluation Form: An assessment of participant learning will be included as a question in the workshop evaluation form. Please take time to fill-out and return the form at the end of this workshop. Your feedback is valued and will help UCLA Extension plan future continuing education activities for mental health professionals.

There will be four multiple choice questions:

1. Name the two considerations when differentially diagnosing a client.
2. Why are the three major sections of the DSM-5?
3. What is meant by the term “insurance” diagnosis?
4. Why is it tempting to give a “parity” diagnosis?
5. What is the primary difference in the DSM-5 with regard to substance use disorders?

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**Professional Continuing Education Information:**

If you would like to receive verification documents for the following Professional Organizations/Agencies, please be sure to **Sign-in and Sign-out** on the forms provided by your instructor. Only enrollees who sign-in and sign out and **provide a valid license/certification number** for their respective organization/agency will be sent a verification document. Please allow three weeks from the date of the program for your documentation to be processed and sent. 

*Note: Variable credit for partial attendance cannot be awarded; full attendance is required.*

**Licensed Psychologists**

*Sign-in and sign-out on the form labeled **Psychologists**

Please be sure to include current license number on the sign-in/sign-out forms.*

_UCLA Extension is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA Extension maintains responsibility for this program and its content. This workshop offers 6.0 contact hours of continuing education credit for psychologists._

**MFT/ LCSW/ LPCC/ LEP**

*Sign-in and sign-out on the form labeled **MFT/ LCSW/ LPCC/ LEP**

Please be sure to include current license number on the sign-in/sign-out forms.*

_UCLA Extension is approved by the California Board of Behavioral Sciences (BBS) to provide continuing education for MFTs, LCSWs, LPCCs, LEPs under Provider #PCE 553. This workshop meets the qualifications for 6.0 hours of continuing education credit for MFTs, LCSWs, LPCCs, LEPs as required by the California Board of Behavioral Sciences._

**UCLA Extension Contact for this Course:** Nancy Ghov: NGhov@uclaextension.edu

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Schedule for Program

8:30 - 9:00 am  
Check-in

9:00 – 10:00 am  
**Introduction to DSM system**
- Terminology
- Judging abnormality
- Organization of new system
- Sections I, II, III
- Chapter arrangement
- ICD-9 and ICD-10 Codes
- Legal and ethical dilemmas
- Benefits, limitations and controversies of the DSM

10:00 – 10:30 am  
**Using the DSM System in Detail**
- Methods to diagnose
- Following the “lifespan”
- Specific changes to DSM-5 – Selected Diagnoses
- Specific area of changes to DSM-5

10:30 - 10:45 am  
Break

10:45 – 11:15 am  
**Using the DSM System in Detail (cont.)**
- Disorders proposed in Section III
- Conditions for further study
- Optional measures
- Legal and ethical dilemmas

11:15 - 12:15 pm  
**Specific changes to DSM-5 – Selected Diagnoses**
- Eating Disorders
- Elimination Disorders
- Sexual Disorders
- Substance Disorders
- Disruptive Disorders
- Paraphilic Disorders
- Anxiety Disorders
- Informed consent and diagnosis
- Accuracy versus misrepresentation in diagnosis
- Legal and ethical dilemmas

12:15 – 1:15 pm  
Lunch Break
1:15 – 2:15 pm  **Specific changes to DSM-5 – Selected Diagnoses**
- Cultural Additions
- Cultural concepts of distress
- Outline for Cultural Formulation
- Cultural Formulation Interview
- Legal and ethical dilemmas

2:15 - 2:45 pm  **Research on Working with Dangerous Patients**
- Working with dangerous patients: Tarasoff/Ewing
- Avoiding patient abandonment
- Proper termination

2:45 – 3:00 pm  **Break**

3:00 – 3:30 pm  **Research on Working with Dangerous Patients (cont.)**
- Relevant case law
- Proper use of terminology (“Impairment”)
- Legal and ethical dilemmas

3:30 – 4:30 pm  **Self Care and the Suicidal Therapist**
- Statistics: The suicidal therapist
- Diagnostic competency
- Insurance Fraud
- Record keeping
- Assessment and ethics

*Includes 15 minutes for final Q&A*

Please silence all cell phones during the program.